

IDAHO COUNCIL ON CHILDREN'S MENTAL HEALTH

Recommendation #25A: By July 1, 2001, DHW will recommend service definitions, for adoption by the ICCMH, to be used to measure and track the current services in order to develop a baseline which will be used to determine sizing needs, appropriate outcomes and targets.

SUBMITTED TO ICCMH: June 19, 2001

APPROVAL DATE: June 19, 2001

DECISION: The following children's mental health service definitions and measures were approved by the ICCMH:

CMH SERVICE DEFINITIONS & MEASURES	
DEFINITIONS	MEASURES
ASSESSMENT: Assessment is the use of the clinical interview, psychometric tools as needed, community, and family as well as other pertinent information to address safety issues, family's /child's concerns, strengths, and resources to determine the child's mental health service needs.	MEASURES: <ul style="list-style-type: none"> • Number of children receiving assessments per region • Referral source • Number of days between referral, application and assessment per region
CASE MANAGEMENT SERVICES : A process for linking and coordinating segments of a service delivery system, within a single agency or involving several providers, to ensure the most comprehensive program for meeting an individual's need for care. This does not include Regional Mental Health Authority (RMHA) activities that primarily include administrative functions such as authorizing services, contracting with providers, managing service delivery for quality and outcomes.	MEASURES: <ul style="list-style-type: none"> • Number of children/families receiving case management services per region • Duration of case management services per region
THERAPEUTIC FOSTER CARE : A service that provides therapeutic intervention for children with mental health needs within the private homes of trained families. The approach combines the influence of family-based care with specialized behavioral interventions with clinical support that creates a therapeutic environment in the context of a family home and incorporates the biological family to the greatest extent possible.	MEASURES: <ul style="list-style-type: none"> • Number of children served per region • Number of therapeutic foster homes in each region • Number of beds available in each region • Number of dollars spent on this service
CRISIS RESPONSE SERVICE SYSTEM: Crisis response services are an individualized response to assure safety when a child is believed to be in imminent danger of causing life-threatening harm to self or someone else due to a severe emotional disturbance. Crisis services require access to services, 24 hours per day, 7 days per week to assess risk and place in alternate care, if necessary, to assure safety for the child. Each protocol will be in conformity with the established standards of the statewide task force.	MEASURES <ul style="list-style-type: none"> • Number of presenting issues per region • Local protocols are in place – contracts /agreement between agencies identifying roles
DAY TREATMENT:	MEASURES:

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Collaborative structured intensive treatment in a school or other educational setting aimed primarily at emotional and behavioral interventions resulting in decreased psychiatric symptoms and increased level of functioning. It is a continuum of services that is the least inclusive to most inclusive up to full school hours. It may include services such as companions/tutors to receiving services in an off site school setting.	<ul style="list-style-type: none"> • Number of children served in day treatment per region. • Number of contracts/ collaborative agreements for day treatment programming and school districts served under those agreements per region
FAMILY SUPPORT SERVICES: Assistance provided to families to manage the extra stresses that accompany caring for a child with mental health needs. The main goal of family support services is to strengthen adults in their roles as parents through the provision of resources for transportation, family preservation services, emergency assistance funds, training or education, etc.	MEASURES: <ul style="list-style-type: none"> • Number of families per region • Number of contracts / collaborative agreements per region • Number of dollars spent
INPATIENT SERVICES: Services provided within the context of a psychiatric hospital setting. This level of care provides a high level of psychiatric and medical care and is utilized in times of potentially dangerous or high risk situations.	MEASURES: <ul style="list-style-type: none"> • Number of dollars spent on services • Number of children receiving inpatient services per region • Length of stay
OUTPATIENT TREATMENT: Outpatient treatment is the least restrictive component within the continuum of care. The child and/or family receives treatment and or medication monitoring. These interventions are designed to decrease distress, psychological symptoms, and maladaptive behavior or to improve adaptive and pro-social functioning.	MEASUREMENTS: <ul style="list-style-type: none"> • Number of children served (Medicaid and non-Medicaid) per region • Number of dollars spent providing outpatient treatment (Medicaid and non-Medicaid)
RESIDENTIAL TREATMENT CENTERS: Children's group homes and treatment facilities that provide 24 hour care in a licensed highly structured setting delivering comprehensive therapeutic interventions.	MEASURES: <ul style="list-style-type: none"> • Number of children served per region • Number of residential treatment centers per region • Number of beds available per region • Number of children placed in state • Number of children placed out of state • Number of days waiting in alternative care while awaiting placement in a facility. • Length of stay • Number of dollars spent on this service
RESPIRE CARE SERVICES: Respite services consist of time limited family support services in which an alternate care provider provides supervision and	MEASURES: <ul style="list-style-type: none"> • Number of children receiving respite care services per region

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care for a child with mental health needs, either within the family home, residential or group home, or within a licensed foster home. Respite care can be provided both as planned and crisis service.	<ul style="list-style-type: none">• Number of planned respite services• Number of crisis respite services• Number of dollars spent on respite care• Length of stay in respite